



For your Information Only, Please do NOT return to school

Week 1 Menu

Served the weeks beginning:

Summer Term 2019

22nd April

13th May

3rd June

24th June

15th July

Autumn Term 2019

2nd September

23rd September

14th October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Fusilli Pasta with Butcher's Choice Sausages in a Fresh Tomato Sauce	Breaded Chicken Strips	Roast Breast of Chicken with Yorkshire Pudding and Gravy	Ham & Cheddar Puff Pastry Whirl	Birdseye Chunky Breaded Fish Finger <i>(Tomato Ketchup optional)</i>
Vegetarian Option	Fusilli Pasta Napolitaine in a Fresh Tomato & Hidden Vegetable Sauce	Homemade Red Leicester Tart	Spring Vegetable Bake	Homemade Vegetable Sausage Roll	Vegetarian Breaded Nuggets
	Sliced Homemade Bread Fresh Green Salad	Rice Salad Rainbow Chopped Salad Cucumber Salad	Roast Potatoes Cauliflower Florets Broccoli Spears	New Potatoes Mini Corn Cobette Baked Beans	Thin Cut Chips Sweetcorn Peas
	Chocolate Sponge	Fruity Cookie	Frozen Fruity Smoothie	Artic Roll	Fresh Fruit
	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch

Choice of fresh Fruit, Yoghurt available as dessert alternatives everyday



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Week 2 Menu

Served the weeks beginning:

Summer Term 2019

29th April

20th May

10th June

1st July

22nd July

Autumn Term 2019

9th September

30th September

21st October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Minced Pork in a Rich Sauce with a Potato & Cheese Top	Local Butcher's Fresh Beef Burger in a Soft Bun	Roast Turkey with Yorkshire Pudding & Gravy	Sticky Roasted Chicken with a Honey Marinade	Birdseye Chunky Breaded Fish Finger <i>(Tomato Ketchup optional)</i>
Vegetarian Option	Jacket Potato with a Choice of Grated Cheese or Baked Beans or Both	Sweet Potato Rosti	Summer Vegetable Cheesy Mash & Potato Pie	Butternut Squash & Sweet Potato Mild Creamy Curry	Omelette Muffins
	Sweetcorn Baked Beans	Couscous Salad Coleslaw Diced Cucumber	Roast Potatoes Sliced Carrots Whole Green Beans	Wholegrain & White Rice Grated Carrot Tomato Salad	Straight Cut Chips Baked Beans Peas
	Chunky Chocolate Flapjack	Watermelon Wedges or Mixed Sumer Fruit Salad	Ice Cream Tub	Apple & Banana Cake	Mixed Fruit
	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch

Choice of fresh Fruit, Yoghurt available as dessert alternatives everyday

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St. Helen's Catholic Infant School



Week 3 Menu

Served the weeks beginning:

Summer Term 2019

6th May

27th May

17th June

8th July

Autumn Term 2019

16th September

7th October

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Pepperoni & Cheese French Stick Pizza	Lightly Battered Chicken Breast Chunks	Roast Gammon with Yorkshire Pudding & Gravy	Turkey Bolognaise with Hidden Vegetables	Birdseye Chunky Breaded Fish Finger (<i>Tomato Ketchup optional</i>)
Vegetarian Option	Tomato & Cheese French Stick Pizza	Breaded Crispy Vegetable Burger in a Soft Bun	Quorn Fillet in a Thick Gravy & Yorkshire Pudding	Quorn Mince Bolognaise	Vegetable Finger
	Rice Salad Mixed Salad (Lettuce, Cucumber & Tomato)	Baked Diced Potatoes Mini Corn Cobette Whole Green Beans	Mashed Potato Shredded Savoy Cabbage Sliced Carrots	Wholemeal Fusilli Pasta Garlic Bread Sweetcorn Salad Diced Cucumber	Thin Cut Chips Peas Baked Beans
	Oaty Cookie	Strawberry Marble Sponge	Raspberry Ripple Ice Cream Mousse	Jelly	Fresh Fruit
	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch

Choice of fresh Fruit, Yoghurt available as dessert alternatives everyday