



For your Information Only, Please do NOT return to school

Week 1 Menu

Served the weeks beginning:

Autumn Term 2018

29th October

19th November

10th December

7th January

28th January

25th February

18th March

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Homemade Pepperoni & Cheese Pizza	Butchers Pork Sausages with Gravy (optional)	Roast Chicken with Yorkshire Pudding & Gravy (optional)	Lean Beef Bolognaise	Birdsye Chunky Fish Finger <i>(Tomato Ketchup optional)</i>
Vegetarian Option	Homemade Cheese & Tomato Pizza	Sweet Potato Rosti	Welsh Layered Potato, Leeks & Cheese with Yorkshire Pudding	Quorn Mince Bolognaise	Cheddar Cheese Puff Pastry Pinwheel <i>(Tomato Ketchup optional)</i>
	Rice Salad Mixed Green Salad Sweetcorn	Cheesy Mash Broccoli Peas	Roast Potatoes Freshly Sliced Carrots Broccoli Trees	Spaghetti Garlic Bread Green Beans	Crispy Chips Garden Peas Baked Beans
	Fruity Cookie	Flapjack	Winterberry Jelly & Cream	Chocolate Sponge with Hot Chocolate Sauce	Fresh Fruit
	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch

Choice of fresh Fruit, Yoghurt available as dessert alternatives everyday



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Week 2 Menu

Served the weeks beginning:

Autumn Term 2018

*5th November
4th March*

*26th November
25th March*

17th December

14th January

4th February

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Lightly Battered Chicken Breast Chunks	Fresh Butchers Beef Meatballs in a Fresh Tomato Sauce with Hidden Vegetables	Roast Gammon with Yorkshire Pudding & Gravy (optional)	Homemade Pinwheel of Pork Sausage Meat & Puff Pastry	Birdsye Chunky Fish Finger <i>(Tomato Ketchup optional)</i>
Vegetarian Option	Jacket Potato with Baked Beans or Grated Cheese or Both	Quorn Sausage with Fresh Tomato Sauce with Hidden Vegetables	Gardeners Pie with Winter Vegetables & a Cheese Mash Top	Homemade Vegetable Sausage Roll	Breaded Vegetarian Nuggets <i>(Tomato Ketchup optional)</i>
	Diced Potatoes Whole Baby Corn Peas	Long Grain Rice Mixed Salad	New Potatoes Shredded Savoy Cabbage Carrots	Mini Potato Waffle Whole Green Beans Baked Beans	Crispy Chips Sweetcorn Peas
	Schools Favourite Cookie	Sticky Toffee Cake with Fresh Hot Custard	Vanilla Ice Cream Tub	Warm Waffles with a Fresh Apple Sauce	Fresh Fruit Platter
	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch

Choice of fresh Fruit, Yoghurt available as dessert alternatives everyday

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St. Helen's Catholic Infant School



Week 3 Menu

Served the weeks beginning:

Autumn Term 2018

*12th November
11th March*

*3rd December
1st April*

4th January

21st January

11th February

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Hot Wholemeal Pasta with Sliced Pepperoni with a Homemade Tomato Sauce with Hidden Vegetables & Grated Cheese (optional)	Butchers Finest Beef Burger in a Small Bun with Tomato Ketchup (optional)	Roast Sliced Turkey with Yorkshire Pudding & Gravy (optional)	Crunchy Breaded Chicken	Birdsye Chunky Fish Finger <i>(Tomato Ketchup optional)</i>
Vegetarian Option	Hot Wholemeal Pasta with a Homemade Tomato Sauce with Hidden Vegetables & Grated Cheese (optional)	Breaded Vegetable Burger in a Small Bun with Tomato Ketchup (optional)	Autumn Vegetable Loaf with Yorkshire Pudding & Gravy (optional)	Sweet Potato & Pumpkin Mild Curry	Birdsye Vegetable Finger
	Fresh Crusty Bread Sweetcorn Whole Green Beans	Couscous Salad Fresh Winter Coleslaw Diced Cucumber	Roast Potatoes Cauliflower Florets Broccoli Trees	Long Grain Rice Mixed Salad	Crispy Thin Cut Chips Garden Peas Baked Beans
	Baked Oaty Cookie	Coconut & Cranberry Flapjack	Artic Roll with Winter Fruit Coulis	Chocolate & Vanilla Marble Cake with Hot Custard	Fresh Fruit Salad
	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch	Own Packed Lunch

Choice of fresh Fruit, Yoghurt available as dessert alternatives everyday