



School Dinners

Week 1

Served weeks beginning:

30th October '17

20th November '17

11th December '17

15th January '18

5th February '18

5th March '18

26th March '18

Monday

MAINS

Marinated Chicken Breast

Southern Fried Quorn Fillet (V)

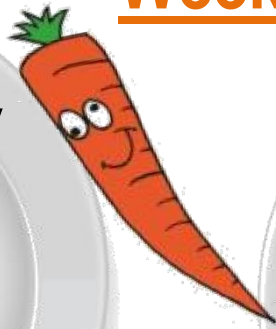
SIDES

Noodles

Grated Carrot
Diced Cucumber

DESSERT

Oaty Cookie



Tuesday

MAINS

Pepperoni & Cheese Pizza

Cheese & Tomato Pizza (V)

SIDES

Rice Salad

Sweetcorn Salad
Diced Peppers

DESSERT

Ice Cream Pots



Wednesday

MAINS

Roast Chicken with Yorkshire Pudding & Gravy

Quorn Sausage with Onion Gravy (V)

SIDES

Roast Potatoes

Fresh Carrots
Broccoli Florets

DESSERT

Jelly



Thursday

MAINS

Beef Meatballs in a Tomato Sauce

Quorn Minced Bolognese (V)

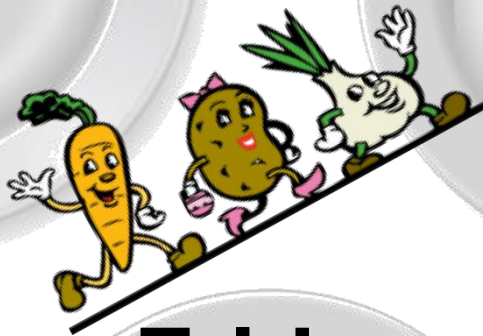
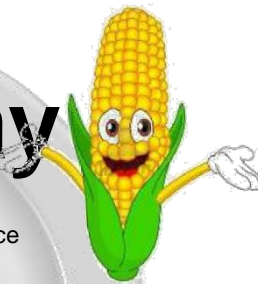
SIDES

Pasta

Whole Green Beans
Bay Corn on the Cob

DESSERT

Magic Chocolate Sponge



Fresh Fruit
or Yoghurt
available as
a dessert
alternative
everyday

Friday

MAINS

Chunky Omega 3 Fish Finger

Homemade Vegetarian Parcels
Filled with Tomato & Sweetcorn (V)

SIDES

Chips

Baked Beans
Peas

DESSERT

Fresh Fruit Salad





School Dinners

Week 2

Served weeks beginning:

6th November '17
27th November '17
18th December '17
4th & 5th January '18
22nd January '18
19th February '18
12th March '18

Monday



MAINS

Minced Beef Bolognese

Napolitaine Sauce (V)

SIDES

Spaghetti Pasta

Fresh Bread

Sweetcorn Salad

Diced Cucumber

DESSERT

Fruity Cookie



Tuesday



MAINS

Homemade Southern Crumbed Chicken Breast Fillet

½ Stuffed Baked Potato with Sweetcorn & Cheddar Cheese (V)

SIDES

Couscous

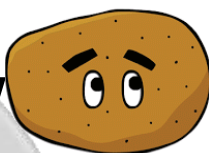
Diced Peppers

Shredded Iceberg Lettuce

DESSERT

Flapjack

Wednesday



MAINS

Roast Gammon with Yorkshire Pudding & Gravy

Winter Golden Vegetable Bake (V)

SIDES

Mashed Potatoes

Steamed Carrots

Shredded Cabbage

DESSERT

Smoothie



Thursday



MAINS

Homemade Pork Sausage Roll

Homemade Vegetarian Sausage Roll (V)

SIDES

Potato Wedges

Baked Beans

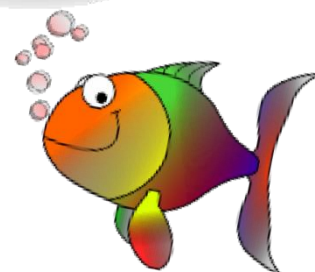
Whole Green Beans

DESSERT

Fresh Fruit Salad

Fresh Fruit or Yoghurt available as a dessert alternative everyday

Friday



MAINS

Oven Baked Crispy Fillet of Fish in a Bubble Coating

Vegetarian Nuggets (V)

SIDES

Chips

Peas

Sweetcorn

DESSERT

Paradise Cake



School Dinners

Week 3

Served weeks beginning:

13th November '17

4th December '17

8th January '18

29th January '18

26th February '18

19th March '18

Monday



MAINS

Pepperoni & Tomato Sauce

Quorn Sausage in a Tomato & Basil Sauce (V)

SIDES

Wholemeal Pasta

Diced Cucumber

Sweetcorn Salad

DESSERT

Apple & Sultana Flapjack



Tuesday



MAINS

Jacket Potato with a choice of Tuna Mayonnaise, Cheese or both

Jacket Potato with a choice of Cheese, Beans or both (V)

SIDES

Grated carrot

Diced Tomato

DESSERT

Lemon Drizzle Cake



Wednesday



MAINS

Roast Turkey with Yorkshire Pudding & Gravy

Roast Quorn Fillet with Yorkshire Pudding (V)

SIDES

Roast Potatoes

Fresh Carrots

Whole Green Beans

DESSERT

Frozen Yoghurt Pots



Thursday

MAINS

Pork Sausage

Linda McCartney Vegetarian Sausage (V)

SIDES

Creamy Mashed Potato

Baked Beans

Sweetcorn

DESSERT

Coconut and Cranberry Cookie



Friday

MAINS

Chunky Omega 3 Fish Finger

Cheddar Cheese Puff Whirl (V)

SIDES

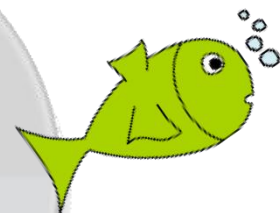
Chips

Peas

Baby Corn on the Cob

DESSERT

Fresh Fruit Salad



Fresh Fruit or Yoghurt available as a dessert alternative everyday